

Cocke County High School

Physical Education 2025-2026 Syllabus

Part 1: Course Information

Instructor Information

Instructor: Casey Ragan
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Course Description

This course is designed for students to learn how to live a healthy lifestyle through a variety of lifelong sports and games

General Education/High School Pathway Area

- 1 Physical Education credit

Textbook & Course Materials

Required Text

None

Course Requirements

- Appropriate Dress
 - Tennis Shoes
 - Athletic Attire

Course Structure

* Students will be required to participate in physical activity. These activities will take place in the gym. Each day the students will need tennis shoes. Any other types of shoes are not permitted on the gym floor. If proper shoes are not worn the student must remove shoes to participate or receive points off of their grade.

Part 2: Student Learning Outcomes

Component: Motor Skills

- Subcomponent: Games and Sports
- Subcomponent: Fitness
- Subcomponent: Dance, Rhythms, and Lifetime Activities
- Subcomponent: Outdoor Pursuits

Component: Cognitive Concepts

- Subcomponent: Movement Concepts and Principles
- Subcomponent: Skill Analysis
- Subcomponent: Game Rules
- Subcomponent: Tactics and Strategies

Component: Fitness and Physical Activity

- Subcomponent: Health Related-Components
- Subcomponent: Skill Related-Components
- Subcomponent: Physical Activity Knowledge
- Subcomponent: Exercise Prescription
- Subcomponent: Assessment

Component: Personal & Social Responsibility

- Subcomponent: Personal Behavior
- Subcomponent: Rules, Etiquette, and Sportsmanship
- Subcomponent: Cooperation
- Subcomponent: Safety

Component: Values Physical Education

- Subcomponent: Appreciation
- Subcomponent: Challenge

You will meet the objectives listed above through a combination of the following activities in this course:

- Exercise
- Teamwork
- Gameplay
- Sportsmanship
- Lifetime Sport Knowledge

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Part 3: Topic Outline/Schedule

Semester 1

Week	Topic
1	Rules, Routines
2	Volleyball
3	Volleyball
4	Kickball
5	Kickball
6	Whiffle-Ball
7	Whiffle-Ball
8	PACER TEST
9	Student Choice Week
10	Football
11	Football
12	Basketball
13	Basketball
14	Ultimate Frisbee
15	Ultimate Frisbee
16	Spikeball/Cornhole/Ping-Pong
17	Spikeball/Cornhole/Ping-Pong
18	Student Choice Week

Semester 2

Same as Semester 1 different students

Part 4: Grading Policy

Graded Course Activities

Assignments for details about each assignment listed below.

1st 9 Weeks	
Points	Description
100	Participation
100	Dress
2nd 9 Weeks	
Points	Description
100	Participation
100	Dress
3rd 9 Weeks	
Points	Description
same as 1st 9	
4th 9 Weeks	
Points	Description
same as 2nd 9	

Late Work Policy

Students will have 3 days to complete make up work. The student is responsible for communicating with the teacher about missed assignments.

This can be modified, but must match the district scale.

Letter Grade	Percentage	Performance
A	90-100%	Excellent Work
B	80-89%	Good Work
C	70-79%	Average Work
D	60-69%	Poor Work
F	0-59%	Failing Work

Part 5: Course Policies

Attend Class

Students are expected to attend all class sessions as listed on the course calendar.

Complete Assignments

All assignments must be completed by assignment due date.

Participation on physical activity days is mandatory

Academic Dishonesty Policy

1. Academic dishonesty includes such things as cheating, inventing false information or citations, plagiarism and helping someone else commit an act of academic dishonesty. It usually involves an attempt by a student to show possession of a level of knowledge or skill that he/she does not possess.
2. Course instructors have the initial responsibility for detecting and dealing with academic dishonesty. Instructors who believe that an act of academic dishonesty has occurred are obligated to discuss the matter with the student(s) involved. Instructors should possess reasonable evidence of academic dishonesty. However, if circumstances prevent consultation with student(s), instructors may take whatever action (subject to student appeal) they deem appropriate.
3. Instructors who are convinced by the evidence that a student is guilty of academic dishonesty shall assign an appropriate academic penalty. If the instructors believe that the academic dishonesty reflects on the student's academic performance or the academic integrity in a course, the student's grade should be adversely affected. Suggested guidelines for appropriate actions are: an oral reprimand in cases where there is reasonable doubt that the student knew his/her action constituted academic dishonesty; a failing grade on the particular paper, project or examination where the act of dishonesty was unpremeditated, or where there were significant mitigating circumstances; a failing grade in the course where the dishonesty was premeditated or planned. The instructors will file incident reports with the Vice Presidents for Academic Affairs and for Student Affairs or their designees. These reports shall include a description of the alleged incident of academic dishonesty, any relevant documentation, and any recommendations for action that he/she deems appropriate.

Important Note: Any form of academic dishonesty, including cheating and plagiarism, may be reported to the office of student affairs.

Course policies are subject to change. It is the student's responsibility to check for corrections or updates to the syllabus. Any changes will be posted in the classroom.