

Mental Health Statistics

- 1 in 6 U.S. youth aged 6-17 experience a mental health disorder each year.
- ➤ 50% of all lifetime mental illness begins by age 14, and 75% by age 24.



- ▶ 50.6% of U.S. youth aged 6–17 with a mental health disorder received treatment in 2016.
- High school students with significant symptoms of depression are more than twice as likely to drop out of school compared to their peers.

Suicide is the 2nd leading cause of death among people aged 10-34.

90% of people who die by suicide had shown symptoms of a mental health condition, according to interviews with family, friends, and medical professionals.



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Moving Mountains. Achieving Success.

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Building AWAREness in Cocke County of mental health issues and social well-being resources for our community's youth and their families.





AWARE Cocke County was created to expand youth access to mental health resources and promote youth resilience and positive behavioral functioning for Cocke County's youth.

AWARE Cocke County is designed to:

Increase access to mental health services.

Make schools more safe and secure.

Identify behavioral issues early.

Provide supportive environments where students can focus on learning.

Support academic success allowing Cocke County Schools graduates to become productive citizens.





Each school in Cocke County has School Counselors and Student Support Specialists that have been trained to assist our students and their families.

Contact your School Counselor or Student Support Specialist if you have concerns about your child.

What additional professional services are available to help?

AWARE Cocke County has contracted with Helen Ross McNabb Center and Camelot Care Center to provide additional professional and confidential mental health counseling services for students.

Where do these counseling sessions take place?

Helen Ross McNabb and Camelot Care professionals come to your child's school to provide support at an appointed time scheduled with parents/guardians. You do not have to take your child away from school to receive services because we bring the needed resource to you and your child.

What about my child's privacy?

All services and resources made available through AWARE Cocke County are private and confidential. Cocke County Schools and our contracted providers will honor your child's privacy guaranteed under FERPA (Federal Educational Rights and Privacy Act) and HIPPA (Health Insurance Portability and Accountability Act).

Do I have to pay for services?

Helen Ross McNabb Center and Camelot Care Center handle all payer source issues and questions from parents or guardians regarding billing or mental health care.



The Cocke County School System is 1 of 4 school districts in Tennessee to receive an AWARE federal grant to build this support structure for students and their families.



A federal grant from the Substance Abuse and Mental Health Services Administration (SAMHSA) provides funding to Cocke County Schools for the AWARE program.