Monday SEPTEMBER 2021	Tuesday	Wednesday	Thursday	Friday
PEANUTS		O1 Chicken Sandwich Let/Tom/Pickle Green Beans Fresh Carrots/Dip Fruit Variety Milk	02 Taco's Let/Tom/Cheese Refried Beans Corn Salsa Fruit Variety Milk	NO SCHOOL
NO SCHOOL	07 Hamburger or Cheeseburger  Let/Tom/Onion/Pickle  French Fries Fresh Broccoli/Dip Fruit Variety  Milk	08 Hot Dog-w- Chili Corn Baked Beans Fruit Variety Milk	09 Ham Subs Let/Tom/Onion/Peppers Cheetos Baked Fresh Carrots/Dip Fruit Variety Milk	Chili-w-Beans With Grill Cheese Pickle Spears Grape Tomatoes/Dip Cucumbers/Dip Fruit Variety Milk
13 Corndog Nuggets French Fries Baked Beans Fruit Variety Milk	14 Popcorn Chicken Wheat Roll Mashed Potatoes Steamed Broccoli/ Cheese  Fruit Variety	15 Taco Salad Let/Tom/Cheese Refried Beans Corn Salsa Fruit Variety Milk	16 Tangerine Chicken or Sweet/Sour Chicken Glazed Carrots Fried Rice-w-Veg. Peas Fruit Variety Milk	Pizza Fresh Carrots/Dip California Blend Veg. Fruit Variety
20 Chicken Sliders  French Fries Pickles Fresh Broccoli/Dip  Fruit Variety Milk	Milk  21 Popcorn Chicken Texas Toast  Rice Pilaf Peas Glazed Carrots  Fruit Variety  Milk	22 Mozzarella Cheese Sticks Corn Garden Salad Fruit Variety Salsa/Marinara Milk	23 Chicken Bites Cornbread Turnip Greens Pinto Beans Mac/Cheese Fruit Variety Milk	Milk  24  Hamburger or Cheeseburger Let/Tom/Onion/Pick French Fries Fresh Carrots/Dip Fruit Variety Milk
27 Chicken Sandwich French Fries Green Beans Let/Tom/Pickle Fruit Variety Milk	28 Chicken Drumstick Mashed Potatoes Broccoli/Cheese Wheat Roll Fruit Variety Milk	Tangerine Chicken or Sweet/Sour Chicken Glazed Carrots Fried Rice-w- Veg Peas Fruit Variety Milk	30 Pizza  Garden Salad  California Blend Veg.  Fruit Variety  Milk	All Students Eat Breakfast And Lunch At No Cost!

# Breakfast Menu Weekly K-12

#### Monday

Combo (1) Chicken Biscuit Gravy Fruit / Juice Milk

Combo (2) Variety Cereal and Muffin or Poptart Fruit or Juice Milk

## Tuesday

Combo (1) French Toast Sticks/Bacon/Syrup Fruit / Juice Milk

Combo (2) Variety Cereal and Muffin or Poptart Fruit /Juice Milk

### Wednesday

Combo (1) Sausage Biscuit Gravy Fruit / Juice Milk

Combo (2) Variety Cereal and Muffin or Poptart Fruit / Juice Milk

#### Thursday

Combo (1) Eggs/Toast /Bacon Or Oatmeal/Toast Fruit / Juice Milk

Combo (2) Variety Cereal and Muffin or Poptart Fruit / Juice Milk

### Friday

Combo (1) Chicken Biscuit Gravy Fruit / Juice Milk
Combo (2) Variety Cereal And Muffin or Poptart Fruit / Juice Milk

THE U.S. DEPARTMENT OF AGRICULTURE (USDA) PROHIBITS DISCRIMINATION AGAINST IT'S CUSTOMERS, EMPLOYEES, AND APPLICANTS FOR EMPLOYMENT ON THE BASES OF RACE, COLOR, NATIONAL ORIGIN, AGE, DISABILITY, SEX, GENDER IDENTITY, RELIGION, REPRISALAND, WHERE APPLICABLE, POLITICAL BELIEFS, MARITAL STATUS, FAMILIAL OR PARENTAL STATUS, SEXUAL ORIENTATION, OR IF ALL OR PART OF AN INDIVIDUAL'S INCOME IS DERIVED FROM ANY PUBLIC ASSISTANCE PROGRAM,OR PROTECTED GENETIC INFORMATION IN EMPLOYMENT OR IN ANY PROGRAM OR ACTIVITY CONDUCTED OR FUNDED BY THE DEPARTMENT. (NOT ALL PROHIBITED BASES WILL APPLY TO ALL PROGRAMS AND/OR EMPLOYMENT ACTIVITIES.) IF YOU WISH TO FILE A CIVIL RIGHTS PROGRAM COMPLAINT OF DISCRIMINATION, COMPLETE THE USDA PROGRAMDISCRIMINATION COMPLAINT FORM, FOUND ONLINE AT http://www.ascr.usda.gov/complaint-filing-cust.html, OR AT ANY USDA OFFICE,OR CALL (866) 632-9992 TO REQUEST THE FORM. YOU MAY ALSO WRITE A LETTER CONTAINING ALL OF THE INFORMATION REQUESTED IN THE FORM.SEND YOUR COMPLETED COMPLAINT FORM OR LETTER TO US BY MAIL AT U.S. DEPARTMENT OF AGRICULTURE, DIRECTOR, OFFICE OF ADJUDICATION, 1400 INDEPENDENCE AVENUE, S.W., WASHINGTON, D.C. 20250-9410,BY FAX (20250-9410,BY FAX (202)690-7442 OR EMAIL AT program.intake@usda.gov. INDIVIDUALS WHO ARE DEAF,HARD OF HEARING, OR HAVE SPEECH DISABILITIES AND WISH TO FILE EITHER AN EEO OR PROGRAM COMPLAINT PLEASE CONTACT USDA THROUGH THE FEDERAL RELAY SERVICE AT (800 877-8339 OR (800) 845-6136 (IN SPANISH). PERSONS WITH DISABILITIES WHO WISH TO WISH TO FILE A PROGRAM COMPLAINT, PLEASE SEE INFORMATION ABOVE ON HOW TO CONTACT US BY MAIL DIRECTLY OR BY EMAIL.IF YOU REQUIRE ALTERNATIVE MEANS OF COMMUNICATION FOR PROGRAM INFORMATION (e.g., BRAILLE, LARGE PRINT, AUDIOTAPE, ETC.) PLEASE CONTACT USDA'S TARGET CENTER AT (202) 720-2600 (VOICE AND TDD).

All Students in Cocke County Eat Breakfast / Lunch At No Cost.