

**Cocke County Schools**

**Medical Request for Meal Modification**

Student's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Grade: \_\_\_\_\_

School Name: \_\_\_\_\_

- ☐ Needs accommodations from the cafeteria  
or  
☐ Packing meals daily

*I certify that the above-named student needs to be offered food substitutions due to a food allergy/intolerance or other medial need as indicated. I give permission to the School Nutrition Department to contact the doctor or other recognized medial authority if clarification is needed on these orders. I understand the cafeteria must follow the Medial Authority's orders. In order for the child to be released from these restrictions, a Parental Release Form must be signed. Additionally, I understand that if my child's medical or health needs change, it is my responsibility to provide an updated form to the Food and Nutrition Services office and the school nurse.*

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Phone Number

**To be completed by Physician/Recognized Medial Authority**

**Food Allergy or Intolerance**

- ☐ Milk/Dairy  
☐ No Fluid Dairy Milk ☐ No Cheese ☐ No Ice Cream  
☐ No dairy products or derivatives even BAKED IN products  
☐ Egg Allergy  
☐ No whole eggs  
☐ No egg products or derivatives even BAKED IN products  
☐ Corn  
☐ No vegetable form only ☐ No corn products or derivatives

**Life Threatening Food Allergy:** ☐ Yes ☐ No

- ☐ Fish ☐ Shellfish  
☐ Peanut ☐ Tree Nut  
☐ Soy (No soy butter or soy milk)  
☐ Sesame  
☐ Wheat  
☐ Other (Please list): \_\_\_\_\_

Please indicate what must be done to accommodate the child's diet. If foods are to be eliminated from the diet, please recommend substitutions. (Example: if the student is allergic to fluid cow's milk, please recommend alternatives such as soy milk, almond milk, etc.)

Signature Required-Return to School. Food Service Supervisor will scan and send to appropriate cafeteria manager. Contact Lisa Kelley, Food Service Supervisor at 423-623-1956 ex. 2040 with questions.

\_\_\_\_\_  
Physician's Printed Name

\_\_\_\_\_  
Physician's Contact Number

<https://www.fns.usda.gov/civil-rights/usda-nondiscrimination-statement-other-fns-programs>