Cocke County Schools Food Service: Request for Meal Modifications

Student / Participant Name	Date of Birth
Parent/Guardian Name	Phone
Mailing Address	City & Zip Code
School	Grade

Parent/Guardian Signature _____ Date _____

Meal Modification Medical Statement

Federal law and USDA regulation require nutrition programs to make reasonable meal modifications to accommodate children with disabilities. Under the law, a disability is an impairment which substantially limits a major life activity or bodily function, which can include allergies and digestive conditions, but does not include personal diet preferences.

1. Describe the impairment and how it restricts the child's diet (i.e., how the ingestion/contact with the food impacts the child):

2. Explain what must be done to accommodate the child's diet (i.e., specific food(s) to be omitted/avoided from the child's diet):

3. List the food(s) and/or beverages to be omitted or modified and recommended alternatives:

Signature of State-Recognized Medical Authority*	Contact Number
Clinic Name	Phone Number

*State-Recognized Medical Authority is a licensed health care professional authorized to write medical prescriptions in Tennessee: Medical Doctor (MD), Doctor of Osteopathy (DO), Physical Assistant (PA) with prescriptive authority, Advanced Registered Nurse Practitioner (ARNP), Podiatrist (DPM), and Optometrist (OD).

School Nutrition Program 305 Hedrick Drive, Newport, Tennessee 37821* Food Service Office*423-623-7821 ext. 2040